

# CMHC Clinical Field Experience Site Database

Please reference the Supervision Assist account you create during your first semester enrolled in the CMHC program to access contact information for each Site listed below

## **Alchemy Center for Healing Therapies**

**Summary:** Our Center is a collective of holistic healthcare practitioners that are passionate about living a full and creative life. We are honored that we can engage in a lifestyle that allows us to invite others to join us on this path toward living freely. We acknowledge the suffering that is caused by emotional and physical pain and how it can affect our daily functioning. We want to discover new ways in which to relate to the pain so that we may begin to understand.

**Location:** Boone, NC **Specialty:** Behavioral Health, spiritual based counseling, post traumatic stress

**Website:** <https://alchemyboone.com/>

## **Appalachian Regional Healthcare System- Department: Behavioral Health Unit**

**Summary:** The Outpatient Behavioral Health program is designed to meet the needs of adults, children and families experiencing a variety of problematic behaviors, thoughts and life patterns. The program works to improve emotional stability and increase general functioning, as well as help clients identify, develop and increase the use of effective coping skills by emphasizing the existing strengths of the individual or family system. Services include psychiatric evaluation, psychiatric medication management, individualized treatment planning, group psychotherapy, individual therapy for adults and children, discharge planning, and 24-hour emergency support for active clients. Interns will also experience the inpatient behavioral health unit at Charles A. Cannon, Jr. Memorial Hospital. The full-service emergency department, imaging department, laboratory, New Life Center, outpatient behavioral health, The Rehabilitation Center offering physical and occupational therapies, and cardiopulmonary rehabilitation round out the list of services.

**Address:** 336 Deerfield Road Boone, NC 28607

**Specialty:** General, crisis, acute mental health disorders, substance abuse, inpatient psychiatric

**Website:** <https://apprhs.org/services/behavioral-health>

## **Appalachian State University Counseling and Psychological Services Center**

**Summary:** The following services are provided at this center: short-term individual counseling, group counseling, short-term couples/family counseling, workshops, educational programming, and prevention programs, emergency services, initial interview assessments, referral services, and consultation.

**Location:** Appalachian State University, Miles Annas Student Support Building, 1<sup>st</sup> floor

**Specialty:** College student counseling

**Website:** <https://counseling.appstate.edu/>

## **Appalachian State University Prevention and Wellness Center**

**Summary:** Services include substance use/abuse and other addictive behavior counseling and education, nutrition, physical fitness, sleep resources, stress management, sexual health, and mindfulness practices. Alcohol and Other Drug (AOD) Counseling is an opportunity to explore your overall health and well-being, in relation to personal use of alcohol/drugs, or in relation to someone else's use of alcohol/drugs.

**Location:** Miles Annas Student Services Building 614 Howard Street Boone, NC 28608

**Specialty:** Addictions and College Student Counseling

**Website:** <https://wellness.appstate.edu/>

### **Better Days and Nights**

**Summary:** Better Days and Nights is a counseling service with licensed Professional Counselors right here In the High Country. Better Days and Nights is for you, or anyone who is looking for help or insight.

**Location:** Boone, NC

**Specialty:** Private Practice. Holistic/wellness/lifestyle orientation, adolescent, adults, special needs, LGBTQ+

**Website:** <https://www.betterdaysandnights.com/about-us>

### **Blue Mountain Center for Integrative Health**

**Summary:** Counseling services offered include therapy for individuals, couples, families and groups, adults, children, adolescents, and elders. Specific types of therapy offered include humanistic/person-centered therapies, CBT, research-based neuropsych-influenced therapy, systemic/MFT therapies, expressive arts therapy, play therapy, eco-therapy, body-centered therapy, parenting coaching, and hypnotherapy.

**Location:** 1064 Meadowview Drive, Suite #5, Boone, NC 28607

**Specialty:** Private Practice. Holistic/wellness/lifestyle orientation, incorporation of neuropsychology research into client education and therapeutic modalities.

**Website:** <http://bluemountaincenternc.com/>

### **Blue Ridge Therapeutic Wilderness**

**(Older site currently not on Supervision Assist- if a student is interested please contact the Clinical Field Experience Coordinator)**

**Summary:** Clinically developed for teens, ages 14 – 18, Blue Ridge Therapeutic Wilderness utilizes advanced clinical skill (which includes empirically psychotherapy approaches in individual and group therapy formats), a highly flexible nomadic wilderness therapy model, ceremony, metaphor, and an affinity for the healing power of nature, to promote resiliency, healthy choices and real change. Blue Ridge’s clinically-integrated approach, renowned staff retention, family support and commitment to service translates to an unparalleled experience and better outcomes for adolescents and families.

**Location:** 236 File Street, Clayton, GA 30525

**Specialty:** Wilderness Therapy

**Website:** <http://blueridgewilderness.com/>

### **CareNet Counseling of Wilkes**

**Summary:** CareNet Counseling improves the health of the mind, body, spirit and community through faith-integrated counseling, psychotherapy, research and education. Issues addressed in counseling include the following: anxiety, low self-esteem, depression, stress, mood disorders, grief, trauma, marital counseling, parenting issues, health and aging, issues related to ADD, ADHD, and Autism Spectrum Disorders, child adjustment issues, and life transitions.

**Location:** 204 Jefferson Street, Suite 106, North Wilkesboro, NC 28659

**Specialty:** Faith-integrated counseling, Adolescents and Adults; Alcohol and Substance Abuse, Behavioral Health, Spiritual Based Counseling, Trauma, Domestic Violence

**Website:** <https://carenetcnc.org/services/>

### **Children’s Hope Alliance (Grandfather Home Campus)**

**Summary:** Children's Hope Alliance is a nonprofit organization with a long history of child advocacy and welfare. All of the programs and services provided create hope for hurting children and families in three ways: healing the hurt, providing a safe home and encouraging a healthy start. Children's Hope Alliance is committed to being a Critical Access Behavioral Health Agency (CABHA) that provides comprehensive, managed care to children and families. This organization provides educational and therapeutic services for children who have suffered complex trauma. The Grandfather Home campus is a residential, sexualized treatment facility for adolescents ages 13-17.

**Location:** 158 Grandfather Home Drive Banner Elk, NC 28604

**Specialty:** treatment for sexual harm; advanced behavioral and psychiatric complexity; intense frequency and duration of problem behaviors; acute skill deficits in multiple life domains; frequent crisis stabilization and explosive behavior management; history of treatment resistance

**Website:** <https://www.childrenshopealliance.org/>

### **Daymark Recovery Center - Alleghany/Sparta**

**Summary:** The following services are offered at this location: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

**Location:** Sparta, NC

**Specialty:** General and Substance Abuse

**Website:** <http://www.daymarkrecovery.org/index.php/locations/northwest/alleghany-center#services>

### **Daymark Recovery Center - Ashe**

**Summary:** The following services are offered at this location: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

**Location:** Jefferson, NC

**Specialty:** General and Substance Abuse

**Website:** <http://www.daymarkrecovery.org/index.php/locations/northwest/ashe-center>

### **Daymark Recovery Center - Avery**

**Summary:** The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

**Location:** Newland, NC

**Specialty:** General and Substance Abuse

**Website:** <https://www.daymarkrecovery.org/locations/avery-center>

### **Daymark Recovery Center - Watauga**

**Summary:** The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, crisis intervention services, and walk-in assessment and intervention for youth and adults experiencing mental health and substance-related crises.

**Location:** Boone, NC

**Specialty:** General and Substance Abuse

**Website:** <http://www.daymarkrecovery.org/index.php/locations/northwest/watauga-center>

### **Daymark Recovery Center - Wilkes**

**Summary:** The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, crisis intervention services, and walk-in assessment and intervention for youth and adults experiencing mental health and substance-related crises.

**Location:** 1400 Willow Lane North Wilkesboro, NC 28659

**Specialty:** General and Substance Abuse

**Website:** <http://www.daymarkrecovery.org/index.php/locations/northwest/wilkes-center>

### **Insight Human Services**

(Older site, not on Supervision Assist - please contact Clinical Field Experience coordinator for more information)

**Summary:** Services offered for adults include comprehensive clinical assessments and individual, group, and family therapy. These therapy services are part of both the substance abuse inpatient and outpatient treatment programs at the center. Services offered for adolescents include comprehensive clinical assessments, individual and group counseling, mental health and substance abuse services, and psychiatric services.

**Location:** Winston-Salem, NC

**Specialty:** General and Substance Abuse

**Website:** <http://drugfreenc.org/services/treatment/insight-human-services/>

### **Lees-McRae College**

**Summary:** Services offered include individual counseling, group counseling, consultation and referral, outreach and programming, and emergency and crisis services for college age students enrolled at the school.

**Location:** Banner Elk, NC

**Specialty:** College Counseling

**Website:** [http://www.lmc.edu/student\\_life/counseling\\_services/](http://www.lmc.edu/student_life/counseling_services/)

### **Lenoir-Rhyne University**

**Summary:** Individual and couples counseling (as long as both individuals in the couple are students) is available to all current Lenoir-Rhyne University undergraduate & graduate students. Counseling center staff and interns can work with students on a wide variety of issues.

**Location:** Hickory, NC

**Specialty:** College Counseling

**Website:** <http://student.lr.edu/cornerstone/counseling/personal-counseling>

### **Our Voice**

**Summary:** Our VOICE, Inc. is a non-profit crisis intervention and prevention agency which serves victims of sexual violence, age 13 through adult, in Buncombe County. The agency was founded in 1974 as an all-volunteer grassroots organization. The agency remained underground until 1982 when we received our non-profit status and the first employee was hired. Now, 40 years and considerable growth later, our VOICE employs six paid staff and over 50 volunteers, working both to support the healing of survivors of sexual violence and to prevent future acts of sexual violence.

**Location:** 35 Woodfin St. Asheville, NC 28801

**Specialty:** Victims of sexual violence

**Website:** <http://www.ourvoicenc.org/>

### **Recovery Ventures Corporation**

(Older site, not on Supervision Assist - please contact Clinical Field Experience coordinator for more information)

**Summary:** Recovery Ventures is an 18 month long-term therapeutic community for the chemically dependent followed by a required 6 month less restrictive environment. It is for men and women ages 18 or older. Components include horticulture therapy and family education. Clinical opportunities include daily life skills and vocational training, seminars, groups and peer counseling.

**Location:** Black Mountain,

NC **Specialty:** Substance

Abuse

**Website:** <http://recoveryventurescorp.org/facilities.shtml>

### **SUWS of the Carolinas**

**Summary:** SUWS of the Carolinas is located in Old Fort, North Carolina and provides wilderness therapy programming. Children and adolescents between the ages of 10 and 17 can be treated at one of our programs, Approach, Phoenix Outdoor, Seasons, and SUWS, which are all located in North Carolina. These programming options address a number of conditions within this age group. Some of the most common issues we treat through these programs include substance abuse, behavioral issues, autism spectrum disorders, depression, mood disorders, and more. Throughout each program, patients can benefit from 12-Step programming, experiential therapy, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), equine assisted therapy, mindfulness and meditation, and more. The staff at each of our programs includes therapists, a psychiatrist, a nurse, an EMT, an equine assisted learning expert, and two therapy dogs. Each program prides itself on the safety and effectiveness of all therapies and activities provided. In addition, our staff stands behind the evidence-based benefits of wilderness programs such as those provided through SUWS.

**Location:** Graphite Road Old Fort , NC 28762

**Website:** <https://www.suwscarolinas.com/>

### **Appalachian Regional Healthcare System - Seby B. Jones Cancer Center**

**Site Description:** The Cancer Center offers a multidisciplinary approach to the prevention, diagnosis and treatment of cancers. As part of the navigation team, counseling students provide structured and informal counseling to cancer patients and their immediate family members.

**Location:** Boone, NC

**Website:** <https://apprhs.org/cancercenter/>

### **Appalachian Regional Healthcare System; Department: Pastoral Care**

**Site Description:** Students work through the department of pastoral care, offering short-term, spiritually-integrated counseling for inpatients, surgical patients, and emergency department patients at Watauga Medical Center.

**Address:** Boone, NC

**Specialty:** Crisis intervention, bereavement care, mood and anxiety disorders, spiritual assessment

**Website:** <https://apprhs.org/pastoral-care/>

### **Swain Recovery Center**

**Site Description:** For more than 20 years, Swain has served adults struggling with substance use problems and mental health disorders. Insight's program at Swain is one of only a handful in the nation that serves men and women as well as adults and teens. We believe it is within this distinctive blend of clients that a healing occurs. In the 42 days clients stay with us, we make every effort to help them develop the decision-making capabilities and emotional intelligence to navigate life without using drugs. Our therapy focuses on the individual with a combination of talk therapy, recreational therapy and expressive arts therapy. Residential treatment allows individuals to focus solely on their substance abuse and mental health issues, without distraction from some of life's stressors. By living on campus, clients can be monitored and supported by staff 24 hours a day.

Our Services include:

- Biological, psychological and social evaluations
- Psychiatric care to stabilize underlying any mental illness
- Family education, family therapy and multi-family group therapy
- Daily group therapy, gender specific groups
- Education classes, discussions and presentations
- Expressive Arts, Nature and Recreation Therapy
- Exposure to area self-help recovery programs
- Evidenced-based practices like the Acceptance and Commitment Therapy and Motivational Interviewing
- Referral to aftercare services and follow up after discharge

**Address:** 932 Old US Hwy 70 Black Mountain, NC 28711

**Specialty:** Crisis intervention, bereavement care, mood and anxiety disorders, spiritual assessment

**Website:** <https://insightnc.org/treatment/adults/adultresidential/>

### **Brevard College**

**Site Description:** Counseling services at Brevard College assist in ensuring the safety of students—physically, mentally, and emotionally—while providing opportunities for growth and development in their personal, academic, and professional pursuits. Experienced staff are available in the Stamey Hall to help students with concerns like academic pressures or difficulties, depression, low self-esteem, stress, anxiety, eating disorders, substance abuse, loneliness, relationships, and career decisions. Counselors can also refer students toward community resources such as support groups, other professional counselors, and treatment programs. All interactions with counseling services are free and confidential.

Services offered include:

- Individual counseling
- Emergency crisis counseling
- Mediation services
- Career and personality assessment
- Campus presentations
- Community education and awareness programs
- Referrals to community resources such as support groups, other professional counselors, treatment programs, and assessment

**Address:** One Brevard College Dr Brevard, NC 28712

**Specialty:** College age students

**Website:** <https://brevard.edu/counseling-services/>

### **Lenoir-Rhyne University**

**Site Description:** The Cornerstone Student Support and Wellness Center houses counseling, disability, and student health services and is located on 8th Avenue behind Fritz-Conrad and beside the sorority houses. The Cornerstone House focuses on a wellness based model and provides services to support the bodies, minds, and emotional well-being of LRU students. All students are eligible to use the services within the Cornerstone House with no additional fees or costs. As a health and wellness center, The Cornerstone Student Support and Wellness Center is committed to promoting social justice and supporting individuals of all sexual orientations, gender identities/expressions, and religious, racial, and ethnic backgrounds. We encourage you to contact our office if you (or someone you know) would like support and want all on campus and in our community to know that the Cornerstone House is truly a Safe Place for all.

Services include:

- Student Support
- Student Health
- Counseling Services
- Disability Services
- Request for Services
- Individual Therapy
- Individual and couples counseling (as long as both individuals in the couple are students) is available to all current Lenoir-Rhyne University undergraduate & graduate students. Counseling center staff and graduate level interns can work with students on a wide variety of issues. Counseling services are available on all LRU campuses. Face to face counseling services are available on the Hickory campus and face to face and teletherapy are available to students on the Asheville (with Jennifer Drum) and Columbia (with Jenny Smith) campuses.
- Crisis Intervention - Counselors, as well as, other appropriate staff or community resources assist students in times of crisis or other emotional difficulties.

**Address:** 625 7th Ave NE, Hickory, NC 28601

**Specialty:** College students

**Website:** <https://www.lr.edu/student-life/cornerstone>

### **Crossnore School**

**Site Description:**

Clinical Services offered to residential, outpatient, and school-based clients are based on a complete assessment to determine their level of need:

- Residential Program
  - The clinical assessment drives the services which will best meet each residential child's or youth's needs. Therapists play an important role in every child's team, working with everyone including case managers, cottage parents, legal guardians, Guardians Ad Litem, social workers, and other important individuals to provide a cohesive and consistent environment for healing.
- Outpatient and School-Based Services
  - Outpatient and school-based services are available to members of the community. Referrals are accepted from the local schools or Department of Social Services. Licensed therapists help children and families learn new strategies to address challenges, break ineffective patterns, evaluate difficult decisions, and overcome

obstacles in order to lead a more fulfilling life together.

- Day Treatment Program

- Day Treatment services are offered through Kingswood School, a Winston-Salem/Forsyth County School that operates on our Winston-Salem campus. Day Treatment utilizes a structured environment concentrating on strengths, skill building, and problem-solving through individual and group therapies.

“At Crossnore School & Children’s Home, we meet the physical needs of the children and families we serve and we address the needs of their minds and souls, as well, through the trauma-informed approach utilized by our clinical services teams.”

**Address:** 100 DAR Drive, Crossnore, NC 28616

**Specialty:** Alcohol and Substance Abuse, Behavioral Health, Spiritual Based Counseling, Trauma, Domestic Violence, School Counseling – Elementary School Counseling - Middle School, Post-Traumatic Stress

**Website:** <https://www.crossnore.org/>

### **PJ's Counseling, PLLC**

(Older site, not on Supervision Assist - please contact Clinical Field Experience coordinator for more information)

**Site Description:** Private Practice: “I have training in and use most frequently Motivational Interviewing. The concepts and protocols are fundamental to my practice as a counselor and supervisor. I have training in somatic or body mind modalities. It is essential that to create an effective treatment plan you have to assess the body/mind connection in addition to standard assessment tools. I am looking for students who want to embody best practices so that they can create safe spaces for clients to grow.”

**Address:** 184 N. Water St. #10  
Boone, NC 28607

**Specialty:** Alcohol and Substance Abuse, Behavioral Health, Spiritual Based Counseling, Trauma, Domestic Violence, Crisis Intervention, Post Traumatic Stress

### **Winthrop University Health and Counseling Services**

**Site Description:** Counseling Services offers a training program for doctoral or masters level graduate students enrolled in counseling or clinical psychology. Interns have the opportunity to provide mental health counseling for individuals, couples, or groups. They will be engaged in outreach and consultation with the campus community. Interns can expect to enhance the development of their clinical skills through direct service and intensive individual and group supervision. Interns are expected to participate in case conferences and training seminars as they arise throughout the year. The internship position requires 20 – 22 hours per week of training experience for a minimum of 600 clock-hours over two (2) semesters. Interested trainees must commit one academic year to the training program and be available to engage in a 2 day Intern Orientation and preliminary training prior to the first day of classes. This orientation takes place on the Thursday and Friday prior to the first day of classes for the fall semester. Eligible applicant should at least be in their second year of training and have completed at least one practicum. Applicants will have completed at least 150 hours of on-site work, with 60 hours of direct contact with clients (face to face work with clients). The internship is unpaid.

**Address:** 701 Oakland Avenue, 205 Crawford Bldg  
Rock Hill, SC 29733

**Specialty:** College students

**Website:** <https://www.winthrop.edu/hcs/>



### **Red Oak Recovery**

**Site Description:** Red Oak Recovery is an intensive residential treatment program for men struggling with co-occurring mental health substance use. The approach to treatment includes trauma-informed care, a family program, adventure-based therapy, group and individual therapy, somatic interventions, and evidence-based practices. The model is integrative in nature and works from a holistic framework.

**Address:** Leicester, NC

**Specialty:** Co-occurring mental health and substance use, adult men, group therapy, individual therapy

**Website:** <https://www.redoakrecovery.com/about-red-oak-recovery/>

### **The Willows at Red Oak Recovery**

**Site Description:** The Willows at Red Oak Recovery is an intensive residential treatment program for young women struggling with substance use. The approach to treatment includes trauma-informed care, a family program, adventure-based therapy, group and individual therapy, somatic interventions, and evidence-based practices. The model is integrative in nature and works from a holistic framework.

**Address:** Fletcher, NC

**Specialty:** Co-occurring mental health and substance use, adult women, group therapy, individual therapy

**Website:** <https://www.thewillowsatreoak.com/>

### **Integrated Care of Greater Hickory LAST**

**Site Description:** We are open to working with interns from all helping professions. We take a whole-person approach to treatment and believe strongly in an integrated care model that understands that substance abuse treatment must come first but that improved functioning also includes medical, psychiatric, employment, and many other aspects. We ask that all interns or practicum students treat these experiences as though this was their actual place of employment. We believe that an intern who is not ready to leave their internship and begin working in this field has been provided a disservice. At Integrated Care, we offer a patient-centered option for those suffering from depression, anxiety, trauma, or substance use disorders. Our skilled counselors and caring staff will provide our patients with the support and confidence needed to wrestle with the devastating disease of addiction. This is more than just another counselor, physician practice, or drug rehab. This is recovery.

**Address:** 425 7th Ave SW Hickory, NC 28602

**Specialty:** adult, substance abuse, individual therapy, group therapy

**Website:** <https://www.integratedcarehickory.com/>

### **Charles George VA Medical Center**

Dept.: MH/SARRTP

**Site Description:** Interns will work primarily on the Substance Use Disorder interdisciplinary treatment team, specifically with Veteran currently enrolled in the Substance Abuse Recovery and Rehabilitation Treatment Program. Counseling experiences will include facilitating individual and group counseling work alongside Veterans. Opportunities to work within other areas of the VA Hospital are also explored while gaining experience with assessment and case management protocols as well.

**Address:** 1100 Tunnel Road Asheville, NC 28805

**Specialty:** Residential substance abuse treatment program, adults, Veterans, group

therapy, individual therapy, crisis intervention, post-traumatic stress disorder

**Website:** [https://www.asheville.va.gov/Mental\\_Health\\_Therapy\\_Groups.asp](https://www.asheville.va.gov/Mental_Health_Therapy_Groups.asp)

### **Focus Behavioral Health Services**

**Site Description:** FOCUS Behavioral Health Services, LLC in close collaboration with families and communities, will provide effective prevention, treatment and support by empowering children and their families to achieve optimum health.

**Address:** 207 Queen St Morganton, NC 28680

**Specialty:** Adolescent, problematic sexualized behaviors, family therapy, children, adults, individual therapy

**Website:** <https://www.focusbhslc.com/>

### **RHA Health Services**

**Site Description:** Community mental health and substance use clinic providing services to child to adult population. Walk in crisis center and assessment center provides individual and group services, enhanced substance use and home based services, as well as facility based crisis and detox. Our site will be best suited for students who are ready for a fast paced environment. Those who are eager to learn and challenge themselves to develop skills working with a variety of individuals. It will be important to be flexible, display a level of independence, be open to feedback, be willing to speak up and to ask for assistance when needed.

**Address:** 2415 Morganton Blvd Lenoir, NC 28645

**Specialty:** Alcohol and substance abuse, behavioral health, crisis intervention, community mental health

**Website:** <https://rhahealthservices.org/>

### **TRAILS Carolina**

**Site Description:** At Trails, our expert staff combines their decades of experience to serve troubled youth and their families. Our goal is to help mend strained relationships, reverse negative behavior patterns, and for families to communicate better than ever before. We combine wilderness therapy techniques with residential base camps and accredited academics that serve to teach, reinforce, and practice real-life skills in a way that produces lasting, positive change for students and their families. Trails Carolina's wilderness therapy program was founded with a singular goal – to help families reconnect, heal, and thrive. Over the years, our approach has been shown to produce lasting, positive outcomes, delivering on that mission. Each child that enters our campus is unique and brings their own needs and challenges. Immediately, we get to work making sure they receive the support they need, starting by introducing them to their single-gender, age-appropriate group they'll be growing with. These groups are led by experienced, licensed therapists who specialize in working with youth who fit their group's profile – and it shows. We also work to keep parents engaged along this powerful journey, empowering them to support and communicate effectively with their child when they return home.

**Address:** 500 Winding Gap Rd Lake Toxaway, NC 28747

**Specialty:** Adolescent wilderness therapy, group therapy, individual therapy, autism spectrum disorders, post-traumatic stress disorder

**Website:** <https://trailscarolina.com/>

### **Mediation and Restorative Justice Center**

**Site Description:** The Mediation & Restorative Justice Center is a 501(c)(3) non-profit organization, founded in 1993, providing mediation and restorative justice services within the

Western North Carolina communities of Alleghany, Ashe, Avery, Madison, McDowell, Mitchell, Surry, Watauga, Wilkes, Yadkin and Yancey counties. Restorative Justice is a different way of responding to crime and/or harm in families, communities and especially in the criminal justice system. Restorative justice emphasizes repairing the harm caused or revealed by unjust behavior through inclusive and cooperative practices that involve the victim, offender, and community members. Several models of restorative justice are practiced in MRJC programs including victim-offender mediation, family group conferencing, circles, restorative dialogue and classroom conferencing.

**Address:** 33 N Water Street Boone, NC 28607

**Specialty:** Alcohol and substance abuse, behavioral health, trauma, domestic violence, crisis intervention, post-traumatic stress disorder, criminal justice system

**Website:** <https://www.mrjc.us/>