

CMHC SITE DATABASE

If there is any incorrect or outdated information, please contact Annette Carpenter (carpenteraj2@appstate.edu).

Appalachian Regional Behavioral Health

Summary: The Outpatient Behavioral Health program is designed to meet the needs of adults, children and families experiencing a variety of problematic behaviors, thoughts and life patterns. The program works to improve emotional stability and increase general functioning, as well as help clients identify, develop and increase the use of effective coping skills by emphasizing the existing strengths of the individual or family system. Services include psychiatric evaluation, psychiatric medication management, individualized treatment planning, group psychotherapy, individual therapy for adults and children, discharge planning, and 24-hour emergency support for active clients.

Primary contact: Sally Woodring, Stephanie Greer

Phone number: (828) 262-4100

Email: swoodring@apprhs.org

Address: 336 Deerfield Road Boone, NC 28607

Specialty: General

Website: <https://apprhs.org/services/behavioral-health>

<https://apprhs.org/internships> (internship information)

<https://apprhs.org/apply-for-internship> (internship application process)

ASU Counseling and Psychological Services Center

Summary: The following services are provided at this center: short-term individual counseling, group counseling, short-term couples/family counseling, workshops, educational programming, and prevention programs, emergency services, initial interview assessments, referral services, and consultation.

Primary contact: Dr. Allyson Matt & Dr. Stephanie Langston

Phone number: (828) 262-3180

Email: mattar@appstate.edu, langstonsc@appstate.edu

Location: Appalachian State University, Miles Annas Student Support Building, 1st floor

Specialty: College student counseling

Website: <https://counseling.appstate.edu/>

<https://counseling.appstate.edu/index.php?module=pagesmith&id=46> (link to practicum/internship application instructions)

ASU Wellness Center

Summary: Services include substance use/abuse and other addictive behavior counseling and education, nutrition, physical fitness, sleep resources, stress management, sexual health, and mindfulness practices. Alcohol and Other Drug (AOD) Counseling is an opportunity to explore your overall health and well-being, in relation to personal use of alcohol/drugs, or in relation to someone else's use of alcohol/drugs.

Primary contact: Ben Asma, Alcohol and Other Drugs Service Coordinator

Phone number: (828) 262-3148

Email: asmabt@appstate.edu

Location: Miles Annas Student Services Building 614 Howard Street Boone, NC 28608

Specialty: Addictions and College Student Counseling

Website: <https://wellness.appstate.edu/>

Blue Mountain Center for Integrative Health

Summary: Counseling services offered include therapy for individuals, couples, families and groups, adults, children, adolescents, and elders. Specific types of therapy offered include humanistic/person-centered therapies, CBT, research-based neuropsych-influenced therapy, systemic/MFT therapies, expressive arts therapy, play therapy, eco-therapy, body-centered therapy, parenting coaching, and hypnotherapy.

Primary contact: Suzi Woodard, LPCS

Phone number: (828) 265-1455
(828)-964-3674

Email: bluemountaincenternc@gmail.com
suziwoodard@gmail.com (Suzi Woodard)

Location: 1064 Meadowview Drive, Suite #5, Boone, NC 28607

Specialty: Private Practice. Holistic/wellness/lifestyle orientation, incorporation of neuropsychology research into client education and therapeutic modalities.

Website: <http://bluemountaincenternc.com/>

Blue Ridge Therapeutic Wilderness

Summary: Clinically developed for teens, ages 14 – 18, Blue Ridge Therapeutic Wilderness utilizes advanced clinical skill (which includes empirically psychotherapy approaches in individual and group therapy formats), a highly flexible nomadic wilderness therapy model, ceremony, metaphor, and an affinity for the healing power of nature, to promote resiliency, healthy choices and real change. Blue Ridge's clinically-integrated approach, renowned staff retention, family support and commitment to service translates to an unparalleled experience and better outcomes for adolescents and families.

Primary contact: Jeff Scott, MS, LPC

Phone number:
706-212-2037 phone
828-301-0511 cell

Email: jeffs@blueridgewilderness.com

Location: 236 File Street, Clayton, GA 30525

Specialty: Wilderness Therapy

Website: <http://blueridgewilderness.com/>

Brevard College

Summary: Services offered include individual counseling, emergency crisis counseling, mediation services, career and personality assessments, and referrals to community resources.

Primary contact: Dee Dasburg, LPC-S, NCC

Phone number: (828) 884.8129

Email: dasburg@brevard.edu

Location: 1 Brevard College Dr, Brevard, NC 28712

Specialty: College Students Counseling

Website: <https://brevard.edu/>

<https://brevard.edu/collegelife/counseling-services>

Burke Council on Alcoholism and Chemical Dependency (temporarily closed due to changes of will possible resume 2018 academic year)

Summary: Several programs are specifically designed to educate and promote awareness throughout the community. Some of these programs include the Student Assistance Program, Faith-Based Community Recovery Initiative, and Public Education and Training Initiative. We offer a range of treatment options, from assessments to referrals to individual and group therapy. We serve adolescents, adults and families. Recovery support services are also offered, such as AA, NA, Al-Anon, and Co-Dependents Anonymous.

Primary contact: John Alspaugh

Phone number: (828) 433-1221

Fax number: (828)433-1287

Email: bcacdJohnA@gmail.com

Location: Morganton, NC

Website: burkerecovery.org

Caring for Children, Trinity Place Runaway and Homeless Youth Shelter

Summary: *CARING for Children, seeks to nurture hope and create safety in the lives of children and families in crisis by providing high quality care, shelter, education, and treatment.*

Primary Contact: Dr. Amy Hobson

Phone number: (828)777-5715

Email: amy.hobson@caring4children.org

Address: 12 Ravenscroft Drive Asheville, North Carolina 28801

Specialty: Children

Website: www.caring4children.org

Cannon Memorial Hospital

Summary: Charles A. Cannon, Jr. Memorial Hospital is a 25-bed acute care hospital with a 10-bed inpatient behavioral health unit. The full-service emergency department, imaging department, laboratory, New Life Center, outpatient behavioral health, The Rehabilitation Center offering physical and occupational therapies, and cardiopulmonary rehabilitation round out the list of services.

Primary contact: Christine Cooper

Phone number: (828) 737-7600

(828) 737-7000

Email: cmcooper@apprhs.org

Location: 434 Hospital Dr, Linville, NC 28646

Specialty: General

Website: <https://www.apprhs.org/cmh>

Carenet Counseling of Wilkes

Summary: CareNet Counseling improves the health of the mind, body, spirit and community through faith-integrated counseling, psychotherapy, research and education. Issues addressed in counseling include the following: anxiety, low self-esteem, depression, stress, mood disorders, grief, trauma, marital counseling, parenting issues, health and aging, issues related to ADD, ADHD, and Autism Spectrum Disorders, child adjustment issues, and life transitions.

Primary contact: Robert Willis

Supervisors credentials: LMFT

Phone number: 336-838-1644

Email: rawillis@wakehealth.edu

Location: 204 Jefferson Street, Suite 106, North Wilkesboro, NC 28659

Specialty: Faith-integrated counseling

Website: <http://www.carenetcounseling.org>

Coastal Horizons Center

Summary: Coastal Horizons Center offers outpatient services for substance abusers and their families, crisis intervention services, and family services.

Primary contact: Pam Morrison

Phone number: (910) 343-0145 (Pam)
(910) 790-0187 (general number)

Email: pmorrison@coastalhorizons.org

Location: Willie Stargell Office Park 615 Shipyard Blvd. Wilmington, NC 28412

Specialty: Addictions

Website: <http://www.coastalhorizons.org/index.php>

Children's Hope Alliance (Grandfather Home Campus)

Summary: Children's Hope Alliance is a nonprofit organization with a long history of child advocacy and welfare. All of the programs and services we provide create hope for hurting children and families in three ways: healing the hurt, providing a safe home and encouraging a healthy start. Children's Hope Alliance is committed to being a Critical Access Behavioral Health Agency (CABHA) that provides comprehensive, managed care to children and families. This organization provides educational and therapeutic services for children who have suffered complex trauma. The Grandfather Home campus is a residential, sexualized treatment facility for adolescents ages 13-17.

Primary contact/Supervisor: Lauren Staley

Supervisor's credentials: LPC

Phone number: 828-260-8862 (Lauren Staley), 828-898-5465 (Main Office)

Primary Contact Email: LMStaley@childrenshopealliance.org

Location: 158 Grandfather Home Drive Banner Elk, NC 28604

Specialty: treatment for sexual harm; advanced behavioral and psychiatric complexity; intense frequency and duration of problem behaviors; acute skill deficits in multiple life domains; frequent crisis stabilization and explosive behavior management; history of treatment resistance

Website: <https://www.childrenshopealliance.org/>

Daymark Recovery Alleghany/Sparta

Summary: The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

Primary contact: Paige Stephens
Lander Satterwhite

Phone number: (336) 372-4095

Email: pstephens@daymarkrecovery.org
lsatterwhite@daymarkrecovery.org

Location: Sparta, NC

Specialty: General and Substance Abuse

Website: <http://www.daymarkrecovery.org/index.php/locations/northwest/allegany-center#services>

Daymark Recovery Ashe

Summary: The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

Primary contact: Jennifer Keely

Phone number: (336) 246-4542

Email: jkeely@daymarkrecovery.org

Location: Jefferson, NC

Specialty: General and Substance Abuse

Website: <http://www.daymarkrecovery.org/index.php/locations/northwest/ashe-center>

Daymark Recovery Avery

Summary: The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, and crisis intervention services.

Primary contact: Robert (Bob) Wilson

Phone number: (828) 733-5889

Email: vwilson@daymarkrecovery.org

Location: Newland, NC

Specialty: General and Substance Abuse

Website: <http://www.daymarkrecovery.org/index.php/locations/northwest/avery-center>

Daymark Recovery Watauga

Summary: The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group, family and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, crisis intervention services, and walk-in assessment and intervention for youth and adults experiencing mental health and substance-related crises.

Primary contact: Murray Hawkinson

Beth Hughes

Phone number: (828) 264-8759

Email: mhawkinson@daymarkrecovery.org
bhughes@daymarkrecovery.org

Location: Boone, NC

Specialty: General and Substance Abuse

Website: <http://www.daymarkrecovery.org/index.php/locations/northwest/watauga-center>

Daymark Recovery Wilkes

Summary: The following services are offered: group and individual therapy for youth and adults with chemical dependency and abuse, group and individual therapy for youth and adults with mental health issues, psychiatric evaluations and medication management services for youth and adults, crisis intervention services, and walk-in assessment and intervention for youth and adults experiencing mental health and substance-related crises.

Primary contact: Angela Brooks-Livingston, MA, NCC, LPCS, LCAS
Amelia Fan
Christyn Grant

Phone number: (336) 667-5151

Email: afan@daymarkrecovery.org
cgrant@daymarkrecovery.org

Location: 1400 Willow Lane North Wilkesboro, NC 28659

Specialty: General and Substance Abuse

Website: <http://www.daymarkrecovery.org/index.php/locations/northwest/wilkes-center>

Diakonos, Inc. / My Sister's House / Fifth Street Ministries

Summary: Diakonos, Inc. was organized in Burnsville, NC in September 1988. The intention was to provide for the basic needs of homeless and impoverished persons. Gary and Patti West, founders of the organization, agreed that the basic necessities of life including nourishing food, safe shelter, freedom from abuse, and an opportunity to move towards self-reliance. In 1990, the organization moved to Statesville, NC to operate an emergency shelter, a winter shelter and a domestic violence shelter.

Over the years, the programs have developed, expanded and changed to incorporate and address the needs of those individuals seeking assistance. The Open Door Clinic was born in 1993 and operated as a free medical/dental clinic until 2007. The Molly McKay Children's Program developed in 1998 and ran until 2008 when it was incorporated into the Boys and Girls Club. The Soup Kitchen came under the auspices of Diakonos in 1992 and today serves three meals per day, seven days per week. Today, a night shelter, emergency shelter/transitional housing, soup kitchen outreach program for the homeless mentally ill, nurse clinic, educational programs, therapeutic opportunities, services for victims of domestic violence and sexual assault including safe shelter, victim advocacy within the judicial system, hospital accompaniment, group and individual counseling are the primary services offered.

Supervisor's credentials: Valencia von Dran, MA, LPCS, LCAS, CSI

Phone number: 704-872-4045, ext. 233 (Valencia Von Dran)

Primary Contact Email: vvondran@fifthstreetministries.com

Location: PO Box 5217, Statesville, North Carolina 28687

Specialty: Sexual Assault and Domestic Violence

Website: <http://www.fifthstreetministries.com/>

Diversity Coaching and Counseling Center

Summary: This site offers comprehensive mental health assessments specializing in the assessment and treatment of anxiety, depression, transitional issues, and Posttraumatic Stress Disorder.

Primary contact: Bobbie Bingham

Phone number: (336) 327-8442

Email: bbinghamlpc@aol.com

Location: Greensboro, NC

Specialty:

Website: N/A

Eastover Psychological and Psychiatric Group

Summary: In addition to general outpatient psychological & psychiatric services, Eastover Psychological & Psychiatric Group offers intensive outpatient chemical dependency treatment.

Primary contact: David Massey, Jessica Massey, Steve Hanna

Phone number: (704) 362-2663

Email: jmassey@eastpsych.com

Location: Charlotte, NC, Cornelius, NC, Ballantyne, NC

Specialty: General and Substance Abuse

Website: <http://eastoverpsych.com/PatientPortal/MyPractice.aspx?LType=10&UCID={F4F4E7FE-B526-47C2-AAAD-66178BEEA9D2}&TabID={1}>

First Step Services

Summary: Services that are provided include substance abuse counseling groups, adolescent counseling, couples and marital counseling, individual substance abuse counseling, family and couples counseling for alcohol and drug use concerns, and mental health counseling.

Primary contact: Sara Shook-Rosen

Phone number: (919) 651-8349

Email: sara@firststepnc.com

Location: Raleigh, NC

Specialty: General and Substance Abuse

Website: <http://www.firststepnc.com/>

Focus Behavioral Health Services

Summary: Services offered at this site include outpatient services, day treatment services, residential services, intensive in-home services, equine assisted learning, therapeutic foster care, parent-child interactive therapy, and trauma-focused CBT.

Primary contact: Francine Karuba

Phone number: (828) 439-8191, EXT. 207

Email: fkaruba@focusbhs.com

Location: Morganton, NC

Specialty: General

Website: <http://focusbhs.com/>

Frontier Health

Last placement date: Spring 2012

Summary: Frontier Health is a provider of behavioral health services, offering treatment for mental health, co-occurring, and substance abuse problems, recovery and vocational rehabilitation, and developmental and intellectual disabilities services.

Primary contact: Diane Whitehead, PhD

Phone number: (423) 467-3600

Email: dwhitehead@frontierhealth.org

Location: Gray, TN

Specialty: General and Substance Abuse

Website: <http://www.frontierhealth.org/>

Goodwill Industries of Northwest North Carolina

Summary: Goodwill is a nonprofit organization that has served the community since 1926. Through the sale of donated items in our stores, we fund employment and training programs that help people find hope, opportunity and jobs. We are recognized nationally as one of the most efficient charities - channeling 90 percent of revenues to mission and sustainability - enabling us to serve more than 33,000 people each year in northwest NC.

Primary contact: Vanessa Miller

Phone number: 336.724.3625 x1391

Email: vmiller@goodwillnwno.org

Location: Winston-Salem, NC

Specialty: Career Counseling and Development

Website: <http://www.goodwillnwno.org/>

Inner Peace Counseling Services

Summary: Services that are provided are individual counseling, couples and family counseling, grief counseling, and pre-marital counseling.

Primary contact: Angela Hargrow

Todd Malloy

Phone number: (704) 937-2286

Email: info@ipcctr.com

Location: Charlotte, NC

Specialty: General

Website: <http://www.innerpeacecounselingcenter.com/>

Insight Human Services

Summary: Services offered for adults include comprehensive clinical assessments and individual, group, and family therapy. These therapy services are part of both the substance abuse inpatient and outpatient treatment programs at the center. Services offered for adolescents include comprehensive clinical assessments, individual and group counseling, mental health and substance abuse services, and psychiatric services.

Primary contact: Pansy D. Allen

Phone number: (336) 725-8389, EXT. 237

Email: pdaniels@insightnc.org

Location: Winston-Salem, NC

Specialty: General and Substance Abuse

Website: <http://drugfreenc.org/services/treatment/insight-human-services/>

J. Iverson Riddle Developmental Center

Summary: The Center provides services and supports to individuals with intellectual and developmental disabilities who have complex behavioral challenges and/or medical conditions.

Primary contact: Carmen Tyler

Phone number: (828) 433-2731

(828) 433-2845

Email: N/A

Location: Morganton, NC

Specialty: General

Website: <http://www.jirdc.org/>

Jodi Province Counseling Services

Summary: This center is a private outpatient counseling agency made up of local, independently contracted counselors and medical professional. It offers family, child, adolescent, and adult therapy, as well as psychiatric services. Specific therapeutic services offered include TF CBT, EMDR, Theraplay, MI, and CBT.

Primary contact: Jodi Province, Amber Dillard, Kenneth Province

Phone number: (336) 818-0733

Email: jodi.province@gmail.com

amberjpcs@gmail.com

kpjpcs@gmail.com

Location: Wilkesboro, NC

Specialty: General

Website: jodiprovincecs.com

Lees-McRae College

Summary: Services offered include individual counseling, group counseling, consultation and referral, outreach and programming, and emergency and crisis services.

Primary contact: Dr. Peter Paglen, Director of Counseling Services

Janice Hall

Phone number: (828) 898-3841 (Counseling Services)

Email: paglenp@lmc.edu

hallj@lmc.edu

Location: Banner Elk, NC

Specialty: College Counseling

Website: http://www.lmc.edu/student_life/counseling_services/

Lenoir-Rhyne University

Summary: Individual and couples counseling (as long as both individuals in the couple are students) is available to all current Lenoir-Rhyne University undergraduate & graduate students. Counseling center staff and interns can work with students on a wide variety of issues.

Primary contact: Jenny Smith

Phone number: (828) 328-7252

Email: Jenny.smith@lr.edu

Location: Hickory, NC

Specialty: College Counseling

Website: <http://student.lr.edu/cornerstone/counseling/personal-counseling>

McKinney and Associates Marriage and Family Therapy

Summary: Services offered include couples therapy, pre-marital counseling, marital enrichment, family therapy, play therapy, divorce and custody mediation, group therapy, and art therapy.

Areas of specialty include PTSD, counseling trauma victims, mood disturbances, anxiety, body image issues, eating disorders, behavioral and emotional issues in children, parenting, intimacy, sexuality, grief, spirituality, women's issues, and parent-child relationships.

Primary contact: Mary McKinney

Phone number: (828) 263-4113

Email: mmftinboone@gmail.com

Location: Boone, NC

Specialty: General

Website: <http://www.mckinneymft.com/>

McLeod Addictive Disease Center

Summary: McLeod Center is designed and managed for the sole purpose of providing an appropriate level of care for persons living in the Carolinas who are seeking education, intervention, treatment, or support related to their addictive disease. Outpatient services for adults include individual counseling, group counseling, family counseling in multi-family groups, and referral services. Outpatient services for adolescents include assessments, individual counseling, group counseling, family counseling in multi-family groups, and referral services.

Primary contact: Darrell Manning (Marion, NC)

Charles Thomas (Concord, NC)

Virginia Reid (Hickory, NC)

Kelli Haas, Program Director (Boone, NC)

Phone number: (828) 263-8171, EXT. 2511 (Kelli Haas) (Boone, NC)

(828) 659-3966 (Marion, NC)

(704) 782-3131 (Concord, NC)

(828) 464-1172 (Hickory, NC)

Email: darrell.manning@mcleodcenter.com (Darrell Manning)

kelli.haas@mcleodcenter.com (Kelli Haas)

Location: Boone, NC

Specialty: Substance Abuse

Website: <http://www.mcleodcenter.com/>

Mitchell Community College: Statesville Campus

Summary: Campus counseling center
Primary contact: Donavon Kirby, Director of Counseling
Phone number: (704) 878-3267 office
(704) 978-1303 fax
Email: dkirby@mitchellcc.edu
Location: Statesville, NC
Specialty: College counseling center
Website: <http://mitchellcc.edu/counseling-and-advising>

Mood Treatment Center

Summary: Modalities utilized at this center are cognitive behavioral therapy, mindfulness-based therapy, acceptance and commitment therapy, motivational interviewing, grief therapy, hypnotherapy, and sex therapy
Primary contact: Ben Bentley
Phone number: (336) 722-7266
Email: N/A
Location: Winston-Salem, NC
Specialty: General
Website: <http://www.moodtreatmentcenter.com/>

Mountain States Hospice

Summary: Behavioral health services offered include individual therapy, group therapy, chemical dependency services, activity therapy, family support, care planning and coordination, and gero-psychiatric services. *Note: all locations may not offer these services.
Primary contact: Rachel Buckles
Phone number: (423) 431-6146
Email: N/A
Location: Johnson City, TN
Specialty: Hospice
Website: <http://www.msha.com/home.aspx>
http://www.msha.com/careers/students_faculty/college_students.aspx (internship forms)

Mountain Youth Academy

Summary: Mountain Youth Academy is a trauma-based residential treatment facility located in the rolling hills of Tennessee. Our treatment center is located 13 miles from the Virginia state border. MYA exclusively treats children and adolescents, both boys and girls ages 6 – 17. It is very important for youths that suffer from trauma seek trauma treatment in order to lead a healthy and happy lifestyle. Our trauma treatment offers individual, group, and family trauma therapy as well as other treatment methodologies to help youths deal with traumas they have experienced.
Primary contact: Samantha Slagle
Phone number: (704) 727-3145 (Samantha Slagle)
(704) 727-9898 (General information)
Email: samantha.slagle@uhsinc.com
Location: Mountain City, TN

Specialty: Teens

Website: <http://www.mountainyouthacademy.net/>

Our Voice

Summary: Our VOICE, Inc. is a non-profit crisis intervention and prevention agency which serves victims of sexual violence, age 13 through adult, in Buncombe County. The agency was founded in 1974 as an all-volunteer grassroots organization. The agency remained underground until 1982 when we received our non-profit status and the first employee was hired. Now, 40 years and considerable growth later, our VOICE employs six paid staff and over 50 volunteers, working both to support the healing of survivors of sexual violence and to prevent future acts of sexual violence.

Primary Contact: Rebecca Withrow

Phone Number: 828-252-0562

Email: rebeccaw@ourvoicenc.org

Location: 35 Woodfin St. Asheville, NC 28801

Specialty: Victims of sexual violence

Website: <http://www.ourvoicenc.org/>

Phoenix Outdoor

Summary: Phoenix Outdoor is a program designed to help treat teens between the ages of 13-17 who are struggling with a variety of different psychological, behavioral, and substance abuse issues. At Phoenix Outdoor, not only do we help treat pressing psychological and behavioral issues, but also provide care for teens within this age range that are burdened with bipolar disorder, attachment issues, motivation problems and computer addiction. It is our philosophy to utilize the wilderness and its many healing aspects to help encourage effective change in each teen that comes through our doors. *Note: This is part of SUWS of the Carolinas program.

Primary contact: Jennifer Fazzolari

Phone number: (828) 683-7718

Email: N/A

Location: Leicester, NC

Specialty: Teens

Website: <http://suwscarolinas.crchealth.com/phoenix-program/>

Piedmont Counseling and Development Group

Summary: This site offers counseling services for the following: children, teens, men and women, couples, and families. This site also provides testing and assessment, career counseling, employee and assistance programs, police consultation, retirement and elder care, and addictions counseling.

Primary Contact: Robert Hoffman

Phone number: (828) 270-3840

Email: rhoffman@piedmontcdg.com

Location: Hickory, NC

Specialty: General

Website: <http://www.hickorycounselinggroup.com/>

Recovery Ventures Corporation

Summary: Recovery Ventures is an 18 month long-term therapeutic community for the chemically dependent followed by a required 6 month less restrictive environment. It is for men and women ages 18 or older. Components include horticulture therapy and family education. Clinical opportunities include daily life skills and vocational training, seminars, groups and peer counseling.

Primary contact: Steve Sorrells

Phone number: (828) 686-0354
(828) 776-0540 (Steve Sorrells)

Email: sjsorrells@hotmail.com

Location: Black Mountain, NC

Specialty: Substance Abuse

Website: <http://recoveryventurescorp.org/facilities.shtml>

Sims Consulting and Clinical Services

Last placement date: Fall 2010

Summary: This center offers domestic violence counseling, marriage/family therapy, substance abuse counseling, crisis management counseling and grief and loss counseling

Primary contact: Arlana Sims

Phone number: (980) 521-5040 (Arlana Sims)
(704) 630-6634

Email: simsconsult@yahoo.com
asims@simsconsulting.net

Location: 131 E Innes St Suite 202 Salisbury, NC 28144

Website: <http://simsconsulting.net/simsconsultingampclinicalservicesinc/index.html>

SolsticeEast

Summary: Solstice East is a residential treatment center that has helped hundreds of struggling teens on their journey to solving issues like trauma, loss, grief, drug addiction, behavioral problems, depression, anxiety, and mood disorders. Solstice East is a residential treatment center with a warm, inviting feel. We work specifically with young women ages 14 - 18, and we're located outside Asheville, North Carolina.

Primary contact: Dan Hadley

Phone number: (828) 484-9928 (office)
(828) 337-6569 (cell)

Email: dan@solsticeeast.com

Location: 530 Upper Flat Creek Rd, Weaverville, NC 28787

Specialty: Residential and Teenage girls

Website: <http://solsticeeast.com/>

Standing Stones Therapy

Summary: Intermodal Expressive Arts Therapy: Engaging our imagination through different modalities provides an opportunity to celebrate our uniqueness and connect with each other. When we can't find words, there are other means of expressing ourselves. Art, music, movement,

writing are a means of discovery and deepening, of knowing who we are, of finding our voice and our connectedness in the world.

Experiential Psychotherapy: Addressing our unfolding relationship within the therapeutic container is a means of expanding our sense of self, increasing our authenticity and relating with each other. The past informs us but the present is where we can change and discover more of who we are.

Primary contact: Karen Hammond Brown, LPC

Phone number: 828-386-1570

Email: info@standingstonetherapy.com

Location: Boone, NC

Specialty: Intermodal Expressive Therapy

Website: www.standingstonetherapy.com

SUWS of the Carolinas

Last placement date: Summer 2014

Summary: SUWS of the Carolinas is a dynamic, multi-faceted treatment program that offers therapeutic assistance to adolescents, ages 10-17, and their families as they work through specific challenges in life. Through the use of the wilderness, in combination with traditional therapeutic methods, we help encourage change in each youth that comes to us for care. Our four programs (Approach, Phoenix Outdoor, Seasons, and SUWS) offer a wide range of treatment options for adolescents struggling with issues such as mental illness, substance abuse, behavioral issues, autism spectrum disorders and more.

Primary contact: Shawn Farrell

Phone number: (828) 668-7590

Email: shawn.farrell@suwscarolinas.com

Location: Graphite Road Old Fort , NC 28762

Website: <http://suwscarolinas.crchealth.com/>

Synergy Recovery

Last placement date: N/A

Summary: Synergy Recovery is committed to the development of addiction and mental health treatment. Synergy provides the following services: detoxification from alcohol, tranquilizers, stimulants, and opiates; including methadone and suboxone. Synergy also provides Crisis Stabilization for both substance abusers and mentally ill clients. Synergy combines integrated Dual Diagnosis Treatment (IDDT), 12- Step Facilitation Model, and Mindfulness-Based Relapse Prevention (MBRR) to assist clients on the Path of Recovery.

Primary contact: Carl Spake

Phone number: (336) 667-7191

Email: synergyrecovery1@earthlink.net

Location: 118 Peace St. North Wilkesboro, NC 28659

Website: <http://www.synergyrecovery.org/>

TROSA

Summary: TROSA is an innovative, multi-year residential program that enables substance abusers to be productive, recovering individuals by providing comprehensive treatment, work-based vocational training, education, and continuing care.

Primary contact: Sandy Cummings

Email: scummings@trosainc.org

Phone number: (919)419-1059

Address: 1820 James St, Durham, NC 27707

Specialty: Residential and Addictions

Website: <http://www.trosainc.org/>

University of North Carolina-Asheville Student Health and Counseling

Summary: The counseling practicum and internship program at UNC Asheville is a comprehensive experience in college counseling. Students will have the opportunity to work one-on-one and in groups with clients experiencing a range of clinical issues typical of a college or community mental health setting. They will carry their own client caseload, develop and conduct groups (e.g., DBT group), provide outreach programming to the university community, conduct intake assessments, and participate in group and individual supervision weekly. They will also gain experience with electronic medical records and knowledge of higher education processes.

Primary contact: Sue Lipiec

Email: slipiec@unca.edu

Phone number: (828)250-2326

Location: 1 University Heights # 2710, Asheville, NC 28804

Specialty: College Student Counseling

Website: <https://healthandcounseling.unca.edu/counseling-practicuminternship>

Western Carolina University Counseling Center

Summary: CAPS provides consultations and psychological counseling to students on a short-term basis at no cost. Some services that are offered include short-term goal oriented counseling, group counseling, case management services, consultation services, psychiatric services, and emergency services.

Primary Contact: Jay Manalo

Email: jaymanalo@wcu.edu

Phone number: (828)227-7469

Address: 225 Bird Building Cullowhee, NC 28723

Specialty: College Student Counseling

Website:

<http://www.wcu.edu/experience/health-and-wellness/counseling-psychological-services-cps/>

Wake Forest University Baptist Medical Center

Site Description: We are located in the outpatient psychiatry division of Wake Forest Baptist Health. We are a freestanding facility approximately 5 miles from the main campus of Wake Forest Baptist Hospital. As part of the Wake Forest School of Medicine we employ multiple psychiatrist and have approximately 30 psychiatry residents. We provide psychiatric services to adults and children in addition to substance abuse services to adults. Current substance abuse

programming includes intensive outpatient treatment groups that occur four nights weekly. We are currently expanding our intensive outpatient programs to include morning programming that will occur three times weekly. We also conduct multiple outpatient therapy groups that patients attend once weekly. Every patient in the once weekly therapy groups are on the medication buprenorphine to assist in the treatment of opiate addiction. Clinicians work very closely with the physicians coordinating care of patients receiving buprenorphine and any other patients that are dually diagnosed with psychiatric disorders.

Primary contact: Dean Melton, Director of Addiction Programs , MA, LCAS

Phone number: (336) 716-2011 (WFUBMC)
(336) 716-7678 (Dean Melton)

Email: dmelton@wakehealth.edu

Address: Wake Forest Baptist Health, Outpatient Psychiatry, Jonestown Road, Winston-Salem, NC 27103

Specialty: Addictions

Website: <http://www.wakehealth.edu/>

Watauga Medical Center, Cancer Center

Last placement date: Fall 2015

Site Description: The Cancer Center offers a multidisciplinary approach to the prevention, diagnosis and treatment of cancers. As part of the navigation team, counseling students provide structured and informal counseling to cancer patients and their immediate family members.

Primary contact: Melanie Childers, LPC, Board Certified Chaplain

Phone number: 828.266.1178

Email: mchilders@apprhs.org

Location: Boone, NC

Website: <https://www.apprhs.org/services/cancer-center>

Number of students placed at site: 4

Watauga Medical Center, Pastoral Care Department

Last placement date: Summer 2016

Site Description: Students work through the department of pastoral care, offering short-term, spiritually-integrated counseling for inpatients, surgical patients, and emergency department patients at Watauga Medical Center.

Primary contact: Melanie Childers, LPC, Board Certified Chaplain

Phone number: 828.266.1178

Email: mchilders@apprhs.org

Address: Boone, NC

Specialty: Crisis intervention, bereavement care, mood and anxiety disorders, spiritual assessment

Website: <https://apprhs.org/patients/pastoral-care>

Number of students placed at site: 1

Women's Recovery Center

Last placement date: Summer 2015

Summary: Women's Recovery Center is a treatment center for adolescent and adults who are dealing with issues concerning substances and mental health. This center encompasses emotional, physical, mental, and spiritual health. Two programs include Perinatal Health Partners and Pathways of Change. Perinatal Health Partners is committed to providing substance abuse services to adult and adolescent women who are pregnant, parenting or seeking custody of dependent children. Pathways of Change is a day treatment program that offers affordable treatment to adult women. It is designed for women who do not need inpatient care but who need and desire a more intensive program than periodic outpatient counseling.

Primary contact: Suzanne Boehm, LCSW, LCAS, CCS
Kecia Bailey, LCSW and LCAS

Phone number: (828) 350-8343 (Suzanne and Kecia)
(828) 350-8986 (Suzanne)

Email: sboehm@insightnc.org

Location: 665 West Fourth Street Winston-Salem, NC 27101

Website: <http://insightnc.org/treatment/wrc/>

Youth Opportunities

Last placement date: Fall 2010

Summary: Youth Opportunities is a nonprofit, community-based agency dedicated to providing a range of services to children and adolescents who are experiencing emotional and behavioral challenges. Services offered include comprehensive clinical assessments, day treatment programs, outpatient therapy, psychiatric and medication management, and intensive in-home services.

Primary contact: Kim DeWindt
Mindy Dooley, Director of Day Treatment and Outpatient Therapy
Meribeth Robinson, Clinical Director

Phone number: (336) 724-1412 (Kim)
(336) 724-1412, EXT. 149 (Mindy Dooley)
(336) 724-1412, EXT. 155 (Meribeth Robinson)

Email: kim.dewindt@youthopp.org
mindy.dooley@youthopp.org
meribeth.robinson@youthopp.org

Location: Winston-Salem, NC

Website: <http://www.youthopp.org/>